

Erica Tugaeff Shaghaghi

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I am in favor for SB0214 Employment Harassment and Intimidation Reporting Psychological safety act).

I have personally been effected and was diagnosed with Complex workplace PTSD after being bullied and forced out of my positions in two positions.

The managers refused to train me, humiliated me and pushed me out of my position even though I was qualified to work.

Everyday I greatly suffer with debilitating symptoms the doctor has labeled trauma from my jobs in the past. Even though I spoke up at work that I needed training, I was silenced and fired by other women.

I started contemplating on ending my own life because they put me a state of chronic illness. I lost almost my home, marriage and had have 12k in debt due to the abuse at work. Now I wake up everyday scared to go to work.

I beg you to please stop giving the perpetrators the power to harm innocent people trying to make a decent wage and work, we are sensible people who are punished.

Thank you,

Erica Shaghaghi

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